



The Elton Times - Edition 143

28 June 2024

Forthcoming

***** TODAY - CBBC AT 5:00pm - BLUE PETER FREESTYLE FOOTBALL *****

Following on from the filming of our students which was described in the previous Elton Times, we have been notified that the episode including that item will be shown on CBBC at 5:00pm today!

Year 10 Bury College Taster Day - Monday 1st July

Year 7 Oracy Presentations from Tuesday 2nd July to Tuesday 9th July

Year 7 Tawd Vale Trip - 10th to 12th July

Headteacher's Welcome

With three weeks of the term remaining, there will be one further newsletter following this issue and we look forward to the summer reward assemblies, Year 7 Tawd Vale trip, Year 11 Prom, sports day and various other events in the coming weeks! Today's Elton Times gives plenty of updates about everything that has been taking place across school, and I would also like to take this opportunity to thank parents/carers for the fantastic response to our 'Thanks A Teacher' email last week - we

received dozens of lovely replies, some of which are included later in this issue. It really does make a difference for staff to get much positive feedback and it was very much appreciated.

As we move into the summer months and with the weather finally improving, there is the usual increase in articles about wellbeing and fitness, prior to the summer break. You may be aware of the recent publicity surrounding the death of Dr Michael Mosely, the popular TV presenter, who died the other week while on holiday in Greece. He was best known for his straightforward tips to improve health and wellbeing, with doctors saying that he had left an "enormous legacy" of explaining medical science to millions of people.

In his last interview, he went through the top eight health tips that everyone could follow - all of which are simple, free and beneficial. The list is below;

- Swim to increase mental speed; Mosely advised going three times a week for about 20 minutes each time. "You use lots of different muscle groups and...it boosts brain function."
- Volunteer ; By volunteering and helping others, evidence shows that you boost your mental health, lower your cholesterol and live longer and healthier.
- Cook tomatoes; This helps your heart condition, reduces your risk of cancer and even benefits your skin, Mosely said.
- Walk backwards; It might look odd, Mosely said, but research reveals the benefits of backwards walking, including reducing back pain and boosting your memory!
- Slow your breathing to sleep better; Mosely revealed that just by slowing your breathing when settling into bed, you can drift off more easily and enjoy better quality sleep.
- Stand on one leg to improve balance; Mosely admitted he found standing on one leg "surprisingly hard", but said that he persisted on a daily basis because it reduced the risk of injury and improved his posture. "I do it every morning while brushing my teeth. Better balance means better posture and fewer injuries from falling, which is the second commonest cause of accidental death worldwide."
- Read fiction books; Losing yourself in a novel for a short time each day can boost your brain power and improve social bonds. "Researchers have found that reading fiction leads to a dramatic increase in blood flow across the entire brain - it can also increase the connectivity in your brain and create new neural pathways."
- Fill your home with plants; "A bit of greenery can brighten your mood, fight fatigue, boost your brain power and improve air quality", he said.

I'm not sure about standing on one leg while brushing teeth (!) but there are some simple suggestions there that can supposedly have a real impact. Hopefully the summer months will allow for more opportunities to increase wellbeing and we look forward to providing increased opportunities in the last few weeks of term. In the meantime, I do hope that the newsletter gives a full update on all that has been taking place across Elton. As always, if you have any questions or concerns, then please feel free to contact me through the email address below. Many thanks for your continued support.

Jonathan Wilton, Headteacher

Email: wiltonj@eltonhigh.bury.sch.uk

Year 11 Leavers

On 19th June, we celebrated our Year 11's hard work, determination and resilience through these 5 years and especially through their exam period. From all the form tutors, teachers, our Year 11 team; Miss Wilcox, Mrs. Rooks and myself, we want to wish all of them the very best of luck for the future and it has been an absolute pleasure being your head of year and teacher to some of you. You will all be missed and we cannot wait to celebrate with you on the 5th July and your results day!

During the leavers day, students were celebrated through many different achievements, awards and many had a blast from the past from Year 6, Year 7 and onwards! All students were given thoughts and best wishes for their future from all staff, past & present. But the best surprise to all of the students, was our supportive members of staff throughout all the school involved in our sing-a-long! I am sure it was one they will **Never Forget** (pun intended). Many students enjoyed their shirt signing too as a keepsake they can cherish forever.





Awards:

Special recognition award: Daniel Beresford, Mia-Grace Smith, Zak Walsh, Joseph Smith, Umair Amin, Max Chamberlain, Blake Jones, Indie Withington, Charlie Smith, Louie Bland, Hannah Rigby, Keegan Walsh and Taha Asad.

Britains next top model - Taha Asad

Love Island - Jess Harrop, Angus Thorne, Lilah Capps & Jesse McGinty

Win a Pie eating competition - Ethan Heyes

Win an Olympic medal - Jemima Miles

David Attenborough - Joseph Smith

Body Builder - Luke Drinnan

Form a boy band - Shayaan Haider, Max Chamberlain

Best Bromance - Harry Norris & Tino Jeremiah

Brighten someone's day - Taha Ahmed

Nobel peace prize - Sarah Tomlinson

Fog horn - Isaac Howarth

Win the lottery but lose their ticket - Kye Monks

Drama Queen - Ellyse Foster

Well done & massive good luck to you all!

Miss Walkden, Learning Co-ordinator Year 11

Email: walkdenc@eltonhigh.bury.sch.uk

Year 11 GCSE Results Information

After a fantastic send-off at the leavers' assembly, we are looking forward to seeing Year 11 at their Prom and again on results day. The official date for the release of the 2024 GCSE results to Year 11 students is **Thursday 22nd August 2024** and we strongly advise that students come into school in person to collect provisional results slips on that day.

Results will be available for students to collect from 9.30am. As in previous years, senior staff, Heads of Department, subject teachers and form tutors will be on hand to catch up with students, review and discuss their results and offer heartfelt congratulations!

Should any student be unable to collect their results in person (i.e. they are on holiday) then there are a number of options available:

- Students can write to the school for the attention of the Exams Officer or send an email to exams@eltonhigh.bury.sch.uk requesting that their results are posted home. Results will then be posted to the home address that we hold on our computer system.
- Students can send a letter to school for the attention of the Exams Officer authorising someone well known to them (i.e. family member or close personal friend) to collect results. Alternatively, this information can be sent by email to exams@eltonhigh.bury.sch.uk For security, we require prior notification of the details of the person collecting the results as they must complete and sign a Collection Form on results day to confirm receipt of these very important documents. The person will also need to bring identification to school.
- We can only action the above at the request of students themselves.
- We cannot release results to anyone other than students themselves or the person authorised to collect on his/her behalf.

The provisional results slips will show results which colleges will accept for enrolment purposes. If you have any questions please do not hesitate to contact exams@eltonhigh.bury.sch.uk or Ms Warden wardens@eltonhigh.bury.sch.uk

Sponsored Walk - 17th July 2024

1. Weather permitting we intend to reinstate our school sponsored walk on the afternoon of Wednesday July 17th.
2. Students will have lunch at 12.20pm and then our sponsored walk will start at approximately 1.30pm and last until 2.50pm.
3. Students will be able to wear PE kits and trainers for the full day.
4. We also intend to have a tuck shop in place to provide an incentive for each lap of our school grounds!
5. Rewards will be provided for students who do the most laps of the field and also for forms that record the most laps in each year group.
6. Our sponsored walk is in aid of the Student Council. We want to improve the outdoor social spaces for our students - e.g. more seating areas, more shelters.

7. Please support this event by getting friends and family to make donations on our [JUST GIVING PAGE](#).
8. If any of our parents are able to support us with materials/labour/donations we would be extremely grateful as we intend to develop a garden which will sustain wildlife and also provide practical opportunities for our students to learn about gardening/self sufficiency.

Please contact Mrs Johnson with any queries via email: johnsonc@eltonhigh.bury.sch.uk



Thank a Teacher Day

As mentioned in the 'Headteacher's Welcome', 20th June was national 'Thank A Teacher' Day. We emailed our parents, inviting them to make any comments about the work done by our Elton staff. We were delighted to receive dozens of lovely responses; thanks so much to all those parents who took the time to get in touch. An (anonymised) selection of the responses is shown below.

I would like to thank the staff generally - Since our son started at Elton I think he has matured and become a well rounded teenager and I know the influence of the staff he has worked with has played a significant part in this. Mr Aldred is one stand-out member in both my son's and my own view. he is always a pleasure to deal with and has offered good advice regarding options for next year. Keep up the good work and thank you.

We would like to say a massive THANK YOU to every member of the school from receptionist, cleaners and everyone, especially teachers within the school for their hard work and dedication to all pupils, we know (being parents of a newly qualified teacher) how hard everyone within a school work, you all deserve a medal and your commitment is so much appreciated - thank you again.

Sending a huge 'Thank You' to all the staff at Elton High School over the years past and present who have been an intrinsic part of the education and development of our children. Thank you for taking the time to make our child believe in himself. Thank you for acknowledging that its not only the academic children that matter. Children can be gifted in many ways. As much as a parent can support, their child having someone outside the family they can also look to as role models has been so rewarding and reassuring.

We as a family think you are all amazing!!!

We have had all of our sons have their high school education at EHS and we are immensely grateful for that as they all had an amazing experience and are doing very well.

Going to Elton was the best choice we made. Our child has left Elton a completely different child and he has grown in confidence immensely. I hope that he is given the same support once he starts at Bury College in September.

We would like to say thank you to all the teachers who teach our daughter. You do a fantastic job and we are very grateful for all your hard work!

Thank you for all the help and support you've given to the Year 11 students as they've worked through their exams. Lots of extra sessions put on to help the pupils and reduce the stress of exam time.

I would like to thank all of our child's teachers but particularly her form teacher Mrs Chapman who goes above and beyond. Thank you so much for all your encouragement and support.

I would like to thank Mr Yorke-Robinson for the work he has put in this year to help our child to feel ready for her GCSEs. I think he has been a fabulous addition to Elton and I hope he stays for many years so lots of children get the benefit of his teaching, understanding and love for his subject.

I would like to thank Miss Ryder for all she has done this year in helping my Daughter with her GCSE history. She has done so well this year in history and I believe the majority of it is down to Miss Ryder.

I would especially like to thank Mr Woolliscroft who has been amazing with my child and myself. He is a credit to your school and couldn't have asked for a better Head of Year.

We are highly appreciative of all the hard work and dedication each of them have towards the school and students. Special and heartfelt thank you to the following - Ms Leighton, Miss Hunter, Mr Cook, Mrs Chapman and finally, Mr Wilton. In Covid times, NHS Teachers and other keyworkers were thanked, and I believe the kind words and thoughts for a difficult, challenging, yet very rewarding job should continue. I therefore applaud your efforts to show all teachers how special and valued they are.

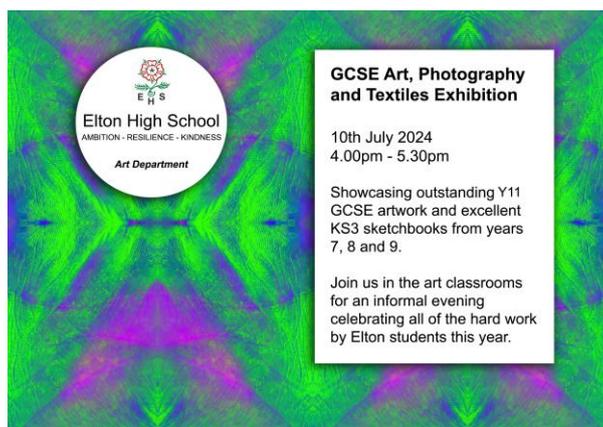
We would like to thank all the staff at Elton for their amazing work and education they have given our daughter. Especially her physics history and maths teachers. Mrs Ryder, Mrs Butterworth and Mrs Colyer each and everyone has brought the best out in her and inspired her to achieve grades she never thought possible. Especially Physics - she has fallen in love with the subject and thrived in it too due to the amazing teacher she had.

Thanks to Elton as a whole. It was worth the stress and worry appealing to get our child in when they were in year 6, I wouldn't want to imagine what her education would have been if she hadn't had got in. Our child has gone from a shy young girl into a strong independent confident young lady.

I would like to say a huge thank you to Mrs Butterworth for all the time and effort she has put into Year 10 pupils including our daughter Katie who sat the Statistics GCSE this year. Thank you for your inspiration, encouragement and support in getting the year 10 group through the two exams and for all the extra classes that you did to help everyone achieve their best. It is teachers like you who make a real difference by giving students such opportunities to be their best selves.

We'd like to take this opportunity to thank Mr Cooke. He has been an inspiration to our child, who has thoroughly enjoyed history lessons for the last 2 years and is seriously considering it for GCSE - but only if guaranteed to have Mr Cooke! To us that's what teaching is all about.

Art Exhibition Evening - 10th July 2024



Year 6 Induction Day

On Wednesday 26th June we welcomed new Year 7 students into school for their induction day in readiness for their September start. The day was spent meeting their new form, getting to know key staff and learning about the school from the newly appointed peer mentors. The new students quickly adapted to 'The Elton Way' and we are confident they will be an excellent year group.

Miss Helme, Assistant Headteacher

Email: helmev@eltonhigh.bury.sch.uk

Peer Mentors

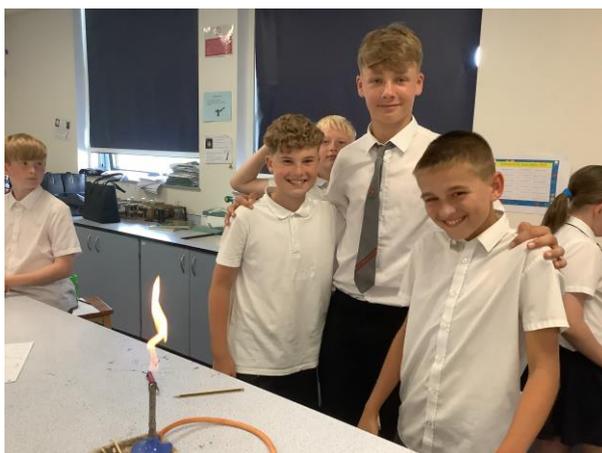
Congratulations to the Year 9 Peer Mentors who after completing a detailed application letter were successfully appointed into the role. The students were essential in making the recent induction day run smoothly and staff were incredibly proud of their efforts.

Clara, Lizzy, Alice and Dexter were absolutely spectacular. They were helpful for me, they were amazing with the new Year 7. They are a real credit to their parents and a wonderful example of how Elton pupils are. I'm so excited to work with them next year! - Mrs Gagne

Just a quick note to say how much I appreciated the support of peer mentors today. I had Charley, Happiness and Freya, they interacted really well with Y6s, were really mature and gave great answers to questions asked of them. They made my job easier and helped create a lovely supportive atmosphere for the Y6s!

Miss Helme, Assistant Headteacher

Email: helmev@eltonhigh.bury.sch.uk



Online Safety

Family Pairing

Some apps allow family pairing which, depending on the app, can do a variety of things such as:

- Manage screen time.
- Apply restricted mode (content restrictions).
- Manage who children are talking to and what's being shared (including images).

Of the more popular apps, here are ones that allow family pairing along with a link which describes what family pairing is, the features available and how to set it up:

TikTok - [HERE](#).

Snapchat - [HERE](#)

YouTube - [HERE](#)

Instagram - [HERE](#)

WhatsApp Safety Guide

Given that WhatsApp is one of the most popular messaging apps in the world it's no surprise children are using it with very little understanding of what safety features are available. Internet Matters has a great guide for parents about privacy settings, where to get support and more.

You can find the guide [HERE](#).

Campaign - Think Before you Share

There are increased warnings that the soliciting and sharing of nude imagery has become normalised among young people and as such the Internet Watch Foundation has launched a new campaign called Think Before you Share which aims to help young people understand the harm of sharing such images of themselves and others.

On [THIS](#) page there is information for teenagers, parents and carers.

Tips for helping children stay safe online - IWF / PIER

'Self-generated' child sexual abuse material (CSAM) has been the subject of research that PIER (Policing Institute for the Eastern Region) have just finished on behalf of the Internet Watch Foundation. 'Self-generated' CSAM are images and videos which are taken by children and then shared either:

- willingly, usually with a boyfriend/girlfriend, or
- unwillingly, through coercion, or
- shared by a third party without their consent.

Some of these images end up being distributed, sometimes sold, on the open and dark web by those with a sexual interest in children.

Just over 300 children took part in the research and talked about their experiences of growing up in a digital world, where they talk to their friends, game and do their schoolwork online. Many described receiving unwanted sexual images and some commented that it has become normalised and part of their lives. The apps they use, such as Snapchat and TikTok are also used by perpetrators to talk to children and groom them into sharing sexual images. This is a serious safeguarding issue, with wide-reaching consequences that we all need to learn more about.

PIER and IWF have written a blog post for parents about how they can better understand their children's online world and its risks. The blog post can be found here: <https://www.iwf.org.uk/news-media/blogs/tips-for-helping-children-stay-safe-online/>

Garden Club Donation Request

SOS call to all those with green fingers!

We are hoping to start a gardening club from September for pupils and have been lucky enough to secure some unused land on the Elton site that we can organise to plant up and grow some fruit and veg.

We are starting from scratch but we are determined to get going with a little help from our school families and community. We are hoping to repurpose some pallets that we have delivered to school into planters and start from there. We would be so grateful if anyone has any of the following (or anything not on the list) they are willing to donate (old but still usable or new) so that we can get the offer open to as many pupils in school as possible.

My email address for the coordination of any donations is edwardss@eltonhigh.bury.sch.uk.

Thankyou in advance for anything you can help us out with, we are most grateful.

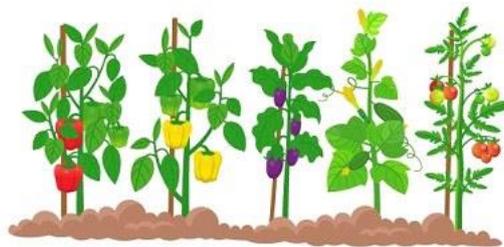
- Veg, fruit, flower and herb seeds
- Compost
- Seed trays
- Small, medium and large seed and plant pots
- Gardening tools (spades, trowels, gardening gloves etc)
- Watering can

- Rainwater butt
- Zip up greenhouse
- Cold frames
- Planters
- Trellis

Ms Edwards, School Counsellor

Email: edwardss@eltonhigh.bury.sch.uk

Elton Grow Getters



Year 9 Technology Tournament

On Friday 21 June, eight year 9 pupils went to the Derby High School to participate in a schools'-wide technology tournament. Mr Murphy and Ms Blight had put together two very strong teams to represent our school and after a quick debrief, all were raring to go!

Once in situ, a health and safety speech for the day was given and then all teams were dispatched to the gym. Each had their very own dedicated workbench and materials to hand. The task set was suitably testing: to build a battery-powered vehicle out the materials provided, that could propel itself forward a distance, whilst pushing along a small pile of debris. Checklists of material were ticked off and initial ideas shared within the groups. Drafts and blueprints were then drawn up and sent off for judging.

Construction began using wooden batons, dowelling, elastic bands, crocodile clips, motors and battery packs. Supervised use of power tools was available for the trickier aspects of the build. Following a lovely lunch break and some much needed fresh air, the teams were back to work, testing their models on the test track. Tweaks were made as needed and finally on to the final run off for judging.

The two teams did us proud and received comments from staff present regarding their excellent standards of uniform, impeccable manners, fantastic work ethic and cooperative spirit. The pupils reported that they had had a really positive and enjoyable day, having further developed their team-building and problem-solving skills whilst completing a tricky task within a competitive environment.

Well done all.

Miss Sutcliffe, Behaviour Mentor

Email: sutcliffej@eltonhigh.bury.sch.uk



Bury Art Gallery

Do you love FOOTBALL? Do you love art / photography? Read on!

We are pleased to announce that **Bury Art Gallery** has chosen to work with Elton students to create artwork that will go on display in their gallery space! The theme of their next exhibition will be all about FOOTBALL - the kits, the players, the stadiums, the songs and the community.

We are excited to welcome an artist into school who will run a workshop with a group of students to create artwork on the FOOTBALL theme. The artwork will then go on display in Bury Art Gallery, and students will get to visit the exhibition when it is all up on show.

The workshop will take place all day in the art rooms on Thursday 18th July.

Any interested students should see Mr Thomas as soon as possible to secure their place as spaces are limited.

This is a fantastic opportunity for our students to have the chance to work with a professional artist, and have their work shown to the public in a gallery.

How else can you get involved with the exhibition? During the summer holidays can you get creative using one (or more!) of the following starting points?

- *Write a poem or song about football and the fans*
- *Create a contemporary version of Lowry's painting*
- *Capture the places people watch the game from through photography*

Bring your creative work into school in September and any questions get in touch with katie.burycreatives@gmail.com or Mr Thomas (Head of Art).

Mr Thomas, Head of Art

Email: thomasg@eltonhigh.bury.sch.uk





Languages Department

7e1 have been reading Haikus about free time and the weather. Last lesson they worked in groups to write their own Haiku. A Haiku is a poem containing 3 lines. Line 1 must be 5 syllables, line 2 is 7 syllables and line 3 is 5 syllables. Read the poems aloud to see if you achieve the correct number of syllables. Here are 4 examples of my favourites. Well done to the class – what excellent Haiku poem writers you are!

Luke and Izaak

J'aime les animés.

Je joue aux jeux vidéo.

Je lis les mangas.



Tabby, Ella and Layla

Il fait chaud en août.

Je vais au bord de la mer.

J'aime les glaces en août.



George and Jaxon

Je déteste les maths.

C'est très nul et ennuyeux.

Epouvantable!



Isla and Evie

En été je nage.

Je tchatte avec mes amis.

On joue tous au foot.

Maths Department

Maths Challenge KS3

In this addition, each letter stands for a different digit, with S standing for 3.

What is the value of $Y \times O$?

$$\begin{array}{r} S O \\ + M A N Y \\ \hline S U M S \end{array}$$

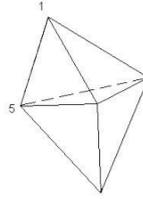
Maths Challenge KS4

The diagram shows a solid with six triangular faces.

At each vertex there is a number and two of the numbers are 1 and 5, as shown.

The sum of the numbers at the three vertices of each face is calculated, and all the sums are the same.

What is the sum of all five numbers at the vertices?



Deadline Friday 5th July - Email armishawm@eltonhigh.bury.sch.uk with your solutions. Prizes available!

Last Edition's solutions from Samir Khan Year 9

KS3 - 2 to the power of 13

KS4 - 2 squared plus 8 squared plus 7 squared = 11 squared

PE Department

Bury Schools Rounders Tournament

Our Year 8 rounders team attended the Bury Schools Rounders Tournament and had a great night in the recent glorious weather!

Their first match was against Bury Grammar School, finishing on a draw. We then went on to play Unsworth Sports Academy, beating them 5-2.5, securing our place in the final. In the final we were up against the hosts; Philips High School. After a fantastic game we won 9-2.5. A well deserved end to the summer term, retaining our unbeaten record.

Well done to all players!



Bury Schools' Athletics Championships

It was The Bury Schools' Athletics Championships on Tuesday and our team of 36 students from all year groups took part. Students had undertaken trials at the track in Bury to help with our team selection in the weeks prior to the event.

Outstanding results on the day were:

- Poppy Atkinson Year 7 won the 200m girls in 30.68 seconds
- Harrison Burgess Year 7 won the 800m boys in 2.30 minutes
- Tom Hyland Year 8/9 came second in the 800m in 2.24 minutes
- Lilly Mae Ball Year 8/9 came second in the 1500m in 5.39 minutes
- Noah Pickford Year 10/11 came second in the 200m in 24.28
- Ava Cooper came 3rd in the Year 10/11 100m in 13.29 seconds
- Ava Cooper also came 2nd in the Year 10/11 100m in 48.40 seconds

These are fantastic results and well done to all students who represented our school. Thank you to those parents who were able to come and give their support on the day.

Ms Jones, PE Department

Email: jonesp@eltonhigh.bury.sch.uk











Armed Forces Week

Last week Zayna and Tarryn Dykes attended the Bury Armed Forces Flag Raising event, to mark the start of Armed Forces week.

Zayna and Tarryn have a very strong military heritage and can trace their military ancestors back to the later 1900s. They are also very active within the Veterans Community by supporting Veterans and attending events. Zayna was recently awarded the ACF Commanders coin for her support and volunteering within the veterans community.

It was remarked by several veterans and counsellors at how well turned out their appearance was and how they conducted themselves to a high standard. Not only did they mingle with Veterans but also had the opportunity to talk with the Mayor and local Counsellors about their links to the veterans community, the Army Cadet Force and Elton High School.

Both Zayna and Tarryns were outstanding representatives of Elton School and the Army Cadet Force.





English Karate Academy - Bronze Medal!

Amazing achievement from Summer in Year 7 who achieved a bronze medal at the English Karate Academy! We are so proud of you Summer, keep up the brilliant work!



Pre-Loved Uniform Donations

As we approach the end of the academic year, we would like to request any pre-loved uniform (either school uniform or PE kit) to be donated to school to enable us to support families with the cost of uniform and also to support students who arrive in school without full uniform.

Mrs Johnson, Deputy Headteacher

Email: johnsonc@eltonhigh.bury.sch.uk

Contact Us

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Visit us on the web at www.eltonhigh.bury.sch.uk

***The term's final edition of the Elton Times will be sent on Friday
12th July 2024***